[Review] (Publication types are listed in Table 1, available at https://www.e-emj.org/authors/authors.php.

[It is the template for a narrative review that is commissioned by the editor or submitted. The template for the publication type of the systematic review-metaanalysis is different].

**Title Write the title in lowercase characters except for the first word’s first character and any proper nouns, which should be capitalized. If applicable, include "a narrative review" after a colon.**

Ji Yeon Byun1, Sun Huh2\*

1 Department of Dermatology, Ewha Womans University Mokdong Hospital, Seoul, Korea;

2Department of Parasitology and Institute of Medical Education, College of Medicine, Hallym University, Chuncheon, Korea

\* Corresponding e-mail: [xxxx@hallym.ac.kr](mailto:xxxx@hallym.ac.kr) (It is strongly recommended to use the author’s institutional e-mail rather than an e-mail address from a commercial company. An e-mail address from a commercial company can be added as secondary e-mail with a semicolon to separate the e-mail addresses.)

Word count of abstract: 250 (maximum)

Word count of main text: 5,000 (maximum)

Number of references: 50 (maximum)

Number of tables and figures: 10 (maximum)

The word count limits are negotiable with the editor.  
(The recommended word count, number of references, tables, and figures for manuscripts submitted to the *Ewha Medical Journal* according to publication type are presented in Table 1, available at https://www.e-emj.org/authors/authors.php. Submissions beyond the suggested limitations should be negotiated with the editor)

**Abstract**

Purpose: The aim of the study should be precisely described. It is recommended to add the hypothesis and/or research questions.

Methods: The type of research design, study population, study period, measurement tools or instruments, statistical analysis, and data availability should be described. If the study involves data analysis, raw data must be submitted at the time of manuscript submission.

Results: The main results should be described, including subheadings of topics if necessary.

Conclusion: The conclusion should present an answer to the purpose, hypothesis, or research questions.

OR

The abstract may be presented as a single, unstructured paragraph, integrating the purpose, methods, results, and conclusion within a maximum of 250 words.

Keywords: Cohort studies; Educational measurement; Program evaluation; Republic of Korea; Research design (It is mandatory to use **MeSH** terms through MeSH on Demand, available at: [https://www.nlm.nih.gov/mesh/MeSHonDemand.html](https://www.nlm.nih.gov/mesh/MeSHonDemand.html))). The use of other terms is negotiable with the editorial board.

**Introduction**

Background

Explain the scientific background and rationale for the investigation being reported: what is known, what is unknown and important to know; what is the specific topic addressed in the manuscript; and why addressing that particular topic is important

Objectives

Specific objectives, including any pre-specified hypotheses or research questions, should be described in one paragraph.

**Methods**

Ethics statement

It is a literature-based study; therefore, neither approval by the institutional review board nor the obtainment of informed consent is required.

Study design

This is a narrative review based on a comprehensive search of academic databases and relevant sources.

Information sources and search strategy

Specify all databases, registers, websites, organizations, reference lists, and other sources searched or consulted to identify relevant literature. If applicable, present the full search strategy, including keywords, Boolean operators, filters, and date of the last search. If no systematic search strategy was used, describe the method of literature selection.

Selection process

Specify the methods used to decide whether a study met the inclusion criteria of the review.

**Results**

Describe the result of analysis. Subheadings can be used for specific topic description.

If the word count of the main text exceeds 5,000 words, additional materials should be provided as supplementary files.

**Dicussion**

Interpretation

Highlight how this review contributes to conceptual understanding and the development of future studies.

Comparison with previous studies

Compare the result of the study with previous studies.

Limitation

Discuss any limitations of the evidence included in the review and the review processes.

Implications

Discuss implications of the results for practice, policy, and future research.

Conclusion

Deduce the conclusion from the main text. If there were research hypotheses or questions in the introduction section, they should be answered. It is meaningful to mention the usefulness of the content to promote medical care or health promotion.

**ORCID**

An ORCID number is essential for all authors. Full information should be added to the authors’ ORCID. Without full information, the manuscript will not be considered for review. No chance for resubmission will be provided to authors.

**Example:**  
Ji Yeon Byun: https://orcid.org/0000-0003-4519-9474  
Sun Huh: <https://orcid.org/0000-0002-8559-8640>

**Authors’ contributions**

Please describe all of the following:

Conceptualization: SH (ideas; formulation or evolution of overarching research goals and aims.)

Data curation: JYB (management activities to annotate [produce metadata], scrub data, and maintain research data including software code, where it is necessary for interpreting the data itself for initial use and later re-use.)

Methodology/formal analysis/validation: ARC, SH (development or design of methodology; creation of models, application of statistical, mathematical, computational, or other formal techniques to analyze or synthesize study data, verification, whether as a part of the activity or separate, of the overall replication/reproducibility of results/experiments and other research outputs)

Project administration: SH

Funding acquisition: SH

Writing – original draft: JYB

Writing – review & editing: JYB, SH (all authors should participate in this role)

**Conflict of interest**

Sun Huh has been the Editor of the Ewha Medical Journal since 2023. Ji Yeon Byun has worked as an Associate Editor of the journal since 2018. However, they were not involved in the peer reviewer selection, evaluation, or decision process of this article. Otherwise, no other potential conflicts of interest relevant to this article were reported. (If any authors are editorial board members, they should state this explicitly.)

**OR**

No potential conflict of interest relevant to this article was reported.

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**If no funding was received, write**: None

**Data availability**

(Please upload data files to the submission system. For studies involving data analysis, authors must submit raw data or generated data files at the time of manuscript submission. Manuscripts without the required dataset will not be reviewed or considered for publication. The dataset must be cited within the main text, and each file must have a descriptive title.)

**Example:**  
Dataset 1. List of included references and thematic categorization in the narrative review

Dataset 2. Supporting materials and background sources for the review.

**If no data file is available, write:** Not applicable

**Acknowledgments**

Ms. Choon-Hyang Seong, Research Assistant, Department of Parasitology, College of Medicine, Hallym University, Korea, helped us to check the format of manuscripts and to collect the necessary data.

(For any person mentioned in the acknowledgments, the job title, affiliation, and role in the study should be indicated. The person mentioned should provide written permission. Please upload the permission letter file via the e-submission system. Expressing appreciation to group members is not allowed.)

**If there are no acknowledgments, write**: None

**Supplementary materials**

(Please upload supplementary files to the submission system. Each supplementary file must be cited within the main text and have a descriptive title.)

**Example:**  
Supplement 1. Extended literature review table with study characteristics.

Supplement 2. Conceptual model or framework developed in the review

**If no supplementary material is available, write**: None

**References**

References should be formatted according to the NLM (National Library of Medicine) citation style. DOI numbers must be included for all references that have one. If a DOI is unavailable, provide the most stable alternative source (e.g., PubMed, publisher’s website).

[Journal] Describe all authors’ names regardless of the number of authors. There should be no issue number. Titles should be written in lowercase characters, except for the first character of the first word and any proper nouns. The journal title should be presented using the ISO abbreviation.

[Article with article number without page number]

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[Article with page number]

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[Books]  
· Entire book

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**Legends for figures**

Fig. 1. The legends should contain a precise description so that the figure can be understood by readers without reading the main text.